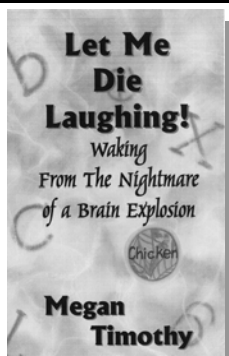


Let Me Die Laughing! *Waking From The Nightmare Of A Brain Explosion* by Megan Timothy

Megan Timothy's life has been anything but boring. A native of Rhodesia (now Zimbabwe) in Southern African, Megan emigrated to the U.S. when she was twenty-one. She worked as a Hollywood actress and screenwriter for many years. For fourteen years she owned a well-known B & B (The Maida House Inn) in North Hollywood frequented by celebrities and political movers & shakers. Megan has been an avid horsewoman most of her life and in her fifties took up biking. When she was 56, she completed a solo bike ride of more than 10,000 miles around most of Europe and parts of the Middle East and North Africa. Shortly after Megan returned from that amazing adventure, her mother became seriously ill. Her mother's care and medical bills nearly bankrupted Megan. After Mum's death, Megan accepted a long-time friend's offer of a small cottage on the friend's horse ranch a few miles outside Hemet, California. On the day she moved in, even before she finished unpacking, Megan suffered a serious brain aneurysm which left her unable to speak, read, or write.

This amazing woman refused to be broken and pushed herself, painfully, through two years of intense therapy, recovering her communication skills sufficiently to write this story of the experience. She writes with sharp humor of the horror of the hospitals, the agony of trying to read again, and her own grit and determination to move beyond the word "can't". Never one to sit still for long, Megan began planning her Bike Ride Around America to promote her book even before the book went to press. Her mission is to spread the word that it is possible to regain one's faculties after a serious injury or illness if you're willing to work hard and refuse to quit.



ISBN: 1-932905-06-5
Category: Non-Fiction (Health & Fitness / Brain Injury / Self Help / Recovery / Inspiration)
Price: \$ 16.95
Format: Trade Paper
Trim: 5 x 8
Pages: 192
Carton Qty: 48
Author Resides: Hemet, CA; formerly N. Hollywood, CA; Rhodesia, S. Africa
Audience: Victims of Traumatic Brain Injury (TBI), caregivers of brain-injured people, medical personnel, readers of inspirational stories.

Sales Materials to Support the book:

- Finished books
- Store hand-outs, flyers, and posters
- Postcards (can be co-op custom imprinted)
- Bookmarks (can be co-op custom imprinted)

Comparative Titles:

- *I'll Carry The Fork! Recovering a Life After Brain Injury*
Kara L. Swanson, 2003
- *Where Is The Mango Princess*, Cathy Crimmins, 2000
- *Chronic Sorrow, The Living Loss*, Susan Roos, 2002
- *Over My Head, A Doctor's Own Story of Head Injury From the Inside Looking Out*, Claudia L. Osborne, 2000
- *In Search Of Wings, A Journey Back From Traumatic Brain Injury*, Beverly Bryant, 2001
- *Conquering The Darkness, One Woman's Story of Recovering From A Brain Injury*, Deborah A. Quinn

Special Note:

- Author is working on next book, working title—*The Magic Eye*— which is her incredibly funny account of growing up in Boer country (Rhodesia, Africa), the daughter of Dutch and British ancestry. **January, 2007**

Marketing:

- Co-op available
- Author riding her bike across America from California to Washington, D.C. (BEA 2006 in May!), then back across Central states, Wyoming, Montana, Idaho, Washington, Oregon, Northern California, Los Angeles area, home.
- Major bike tour will mix signing and speaking events at chain & independent stores, media interviews & talk shows, print articles & releases. Author knows the value of developing a following!

Sales Handles:

- Author had interesting careers in Hollywood in '60's & '70's, providing stories to keep her audience engaged.
- Author is 2-year Traumatic Brain Injury survivor.
- Caring for brain injured loved-ones is a tough topic to approach. Author mixes strong sense of humor and determination into the horrors of her experience, making an easy read.
- Dealing with terminal or life-threatening illness is HOT topic, especially with Women Over 40 audience.

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