

Megan Timothy grew up in Rhodesia and came to the U.S. at twenty-one. She worked 20 years as an actress and a screenwriter. In her thirties, Megan took a friend's challenge and rafted down the Mississippi, then later canoed much of the Amazon. At 56, Megan needed an even greater challenge and biked solo more than 10,000 miles around Europe, the Middle East, and North Africa. In 2003, at the age of 60, Megan faced her greatest challenge of all. She suffered a brain aneurysm that left her unable to speak, read, or write. Megan has recovered from that horrible experience to write about it with eloquence and humor.

Words = 108